



SUNDAY FEBRUARY 22

# HOLY LETTING GO INTO HOLY RISING UP

WITH REV. SHERRY HURSEY

# **LENT - (METAPHYSICALLY)**

## **A SEASON OF RELEASE**

(LETTING GO OF OLD THOUGHTS, BELIEFS AND HABITS THAT NO LONGER SERVE US)

## **A SEASON OF RENEWAL**

MAKING A CONSCIOUS CHOICE TO BEGIN AGAIN IN HIGHER AWARENESS.

## **A TIME OF INNER PURIFICATION**

(PRAYER, FASTING FROM NEGATIVITY, INTENTIONAL LIVING)

## **A JOURNEY TOWARD “RESURRECTION CONSCIOUSNESS”**

AWAKENING TO DIVINE IDENTITY.

LENT IS THE PRACTICE OF HOLY  
LETTING GO.

Black History is the story of holy rising up.

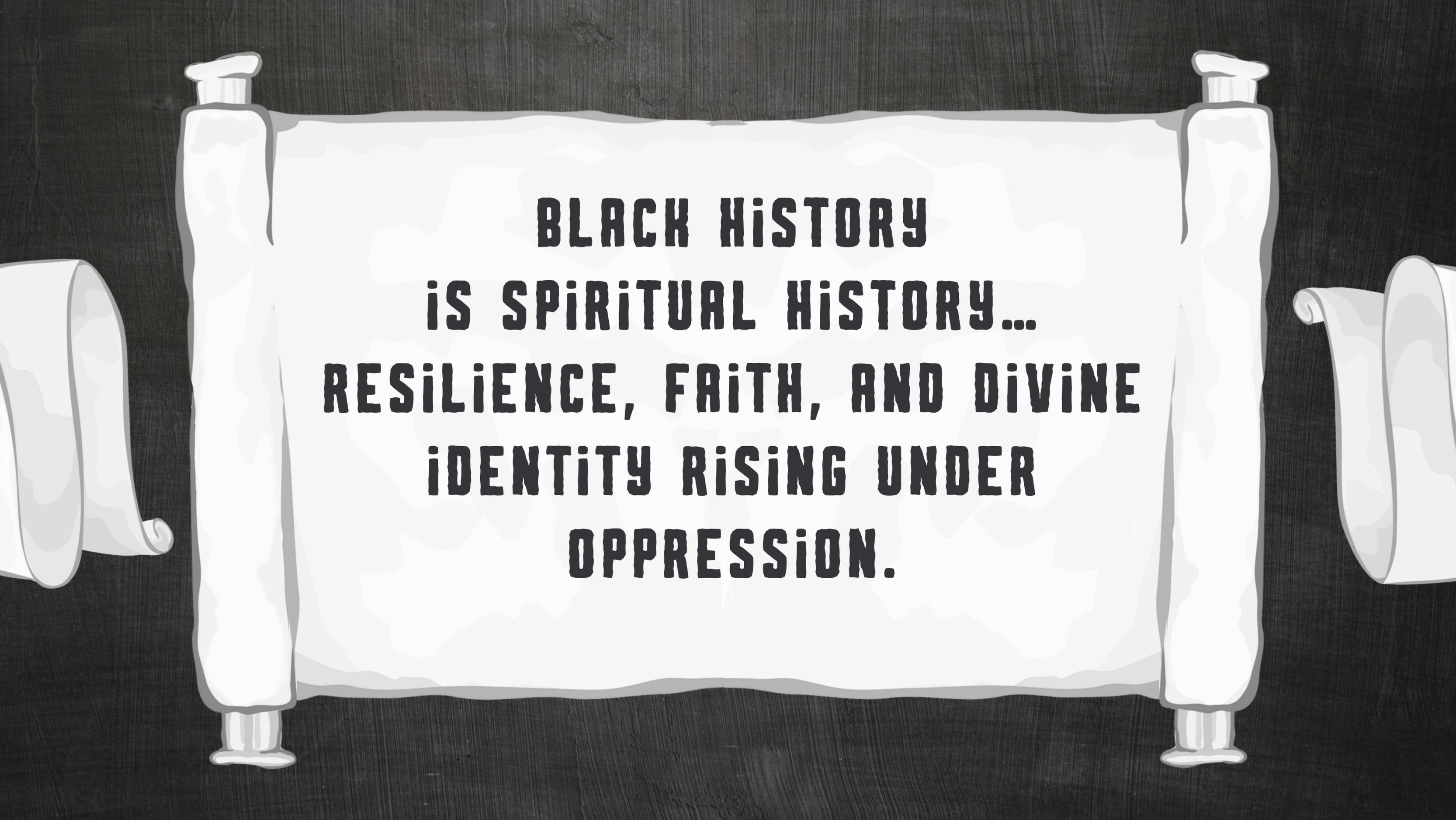
Together they teach us that spiritual  
freedom always comes before social  
freedom.





**THE PATH TO  
RESURRECTION IS  
ALWAYS PAVED WITH  
COURAGE, FAITH, AND  
THE REFUSAL TO  
BELIEVE WE ARE LESS  
THAN DIVINE.**



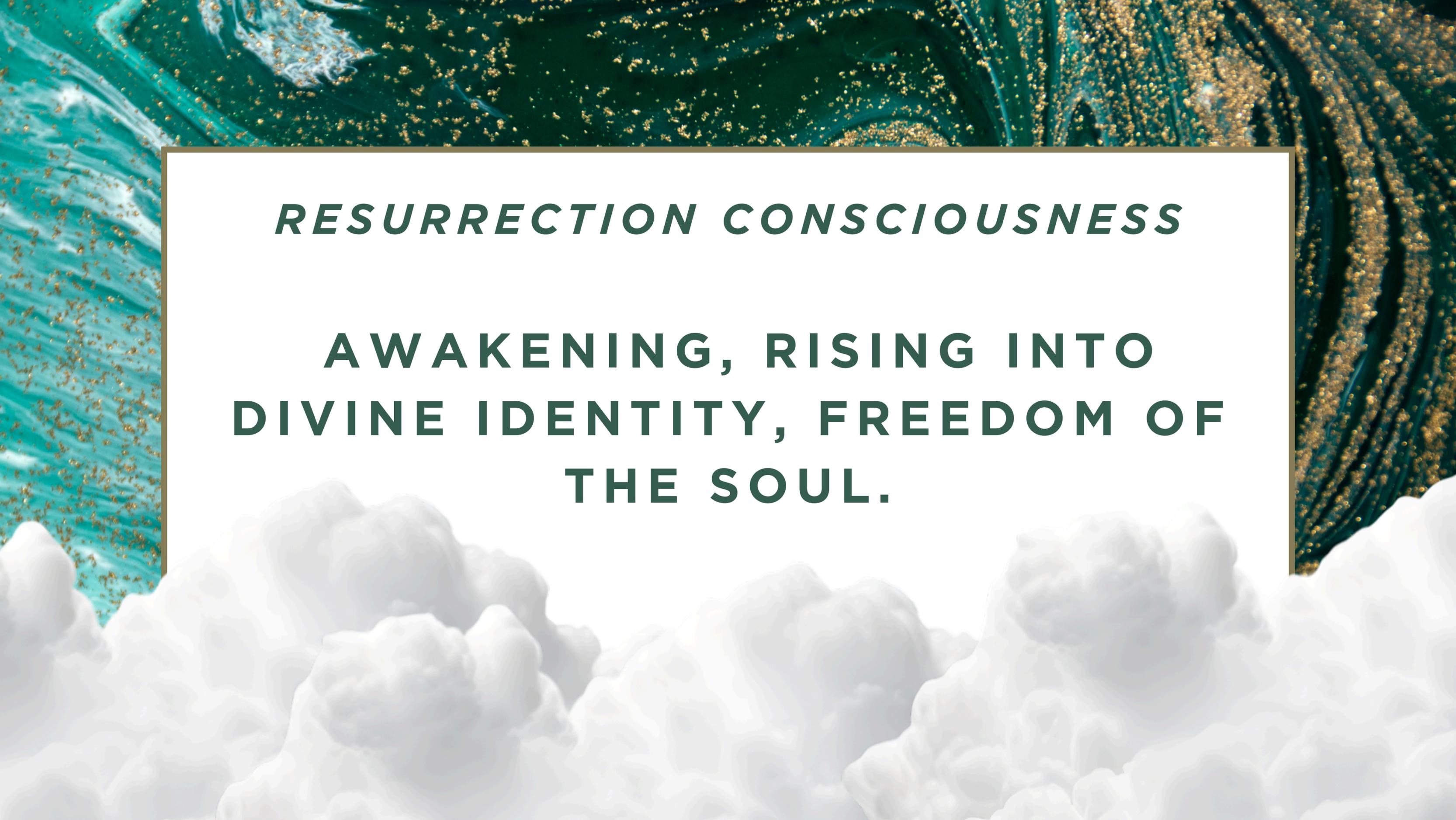


**BLACK HISTORY  
IS SPIRITUAL HISTORY...  
RESILIENCE, FAITH, AND DIVINE  
IDENTITY RISING UNDER  
OPPRESSION.**

**LENT IS A SEASON OF  
INNER LIBERATION.**

**BLACK HISTORY IS A STORY OF OUTER AND INNER  
LIBERATION.**

**BOTH AFFIRM: WE ARE NOT WHAT THE WORLD  
NAMES US.  
WE ARE WHO GOD CREATED US TO BE.**



***RESURRECTION CONSCIOUSNESS***

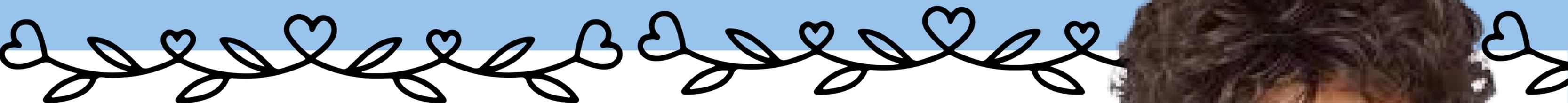
**AWAKENING, RISING INTO  
DIVINE IDENTITY, FREEDOM OF  
THE SOUL.**

FANNIE LOU HAMER  
HARRIET TUBMAN  
DR. MARTIN LUTHER KING JR  
SOJOURNER TRUTH





# REV. DR. JOHNNIE COLEMON

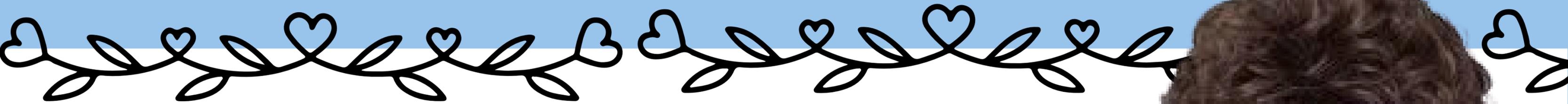


First Ordained Black Unity

Minister, graduated in 1956.



# REV. DR. JOHNNIE COLEMON'S BOOKS



Open Your Mind and Be Healed

It Works If You Work It





LESSONS IN LIVING  
ABUNDANTLY: THE LIFE  
AND MINISTRY OF THE  
REV. DR. JOHNNIE M.  
COLEMON

BY UFBL PRESS (A  
BIOGRAPHY/RESOURCE  
E BOOK)



LESSONS  
ON LIVING  
ABUNDANTLY



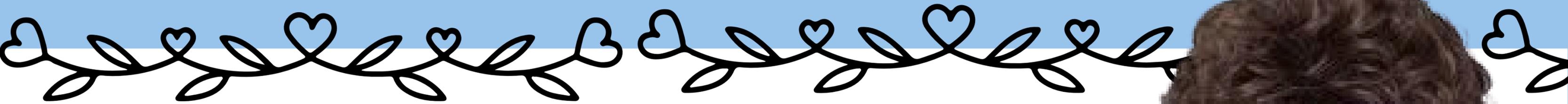
REFLECTIONS ON THE LIFE AND  
MINISTRY OF THE REVEREND  
DR. JOHNNIE M. COLEMON

JUBILEE EDITION

**“AS WE RELEASE OLD,  
UNHELPFUL THOUGHTS AND  
CHOOSE NEW ONES ALIGNED  
WITH DIVINE TRUTH, WE  
PARTICIPATE IN OUR OWN  
INNER RESURRECTION – A  
RENEWED CONSCIOUSNESS  
THAT BRINGS FORTH NEW  
LIFE.”**



# REV. DR. JOHNNIE EXEMPLIFIED



Transformation and Resurrection

Confronting Injustice

Spiritual Practice As Lived Discipline

Building Community





“To experience healing and renewal, we must release the thoughts that no longer serve us and align our minds with truth. When we let go of old patterns and allow the divine presence to guide our understanding, we make way for new life and new consciousness.”