



Sunday, September 6

With Rev. Sherry Hursey & Special Guest Robert E. Brown



**ALLOWING THE
AH-HA!
MOMENTS**

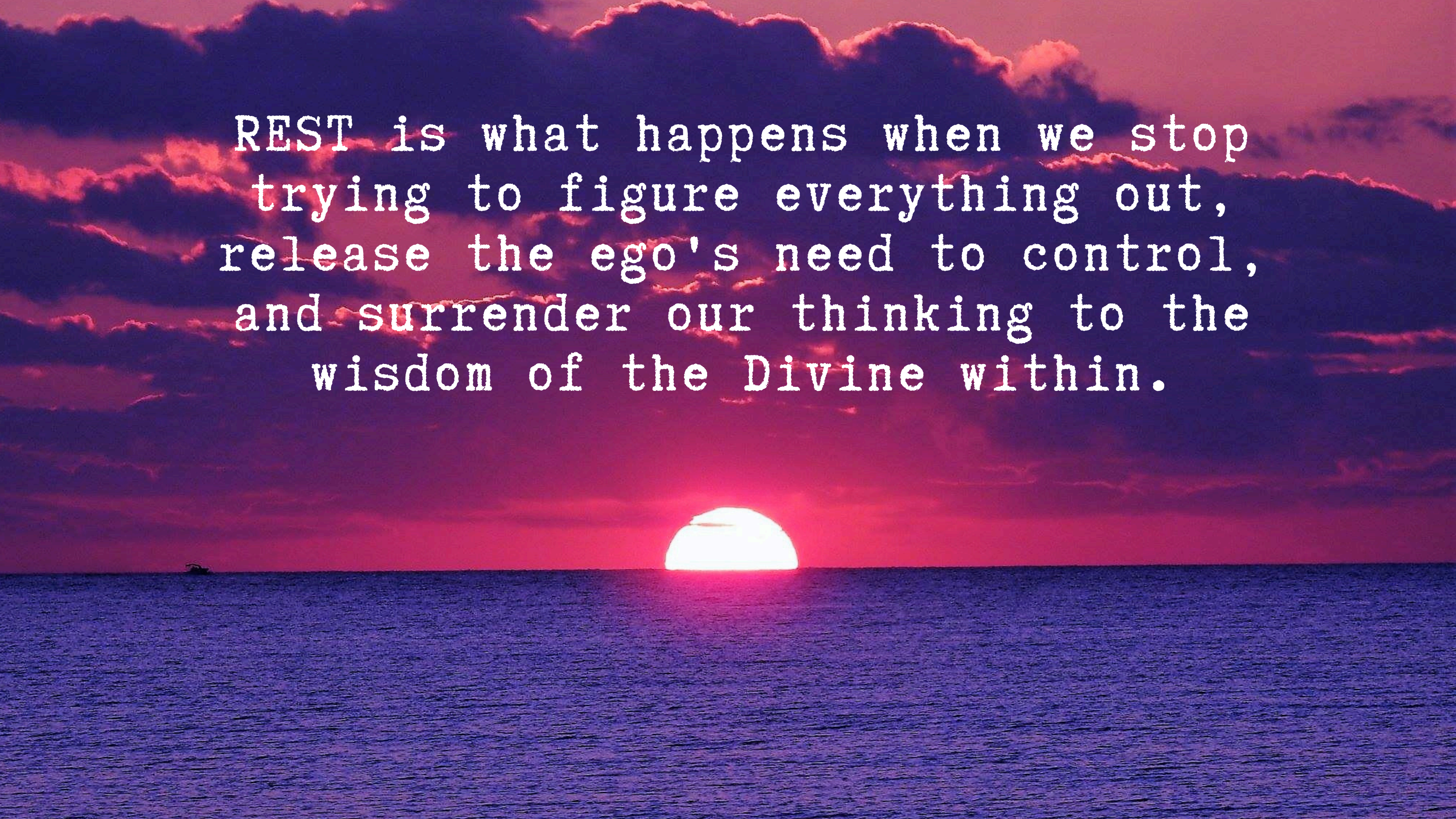
Release Ego, Surrender Thought.

Release Every Situational Thought.

Really Experiencing Source Thoroughly.

RELEASE

REST is what happens when we stop
trying to figure everything out,
release the ego's need to control,
and surrender our thinking to the
wisdom of the Divine within.





HOW DOES SPIRIT SPEAK TO YOU?

SPIRIT IS ALWAYS SPEAKING...

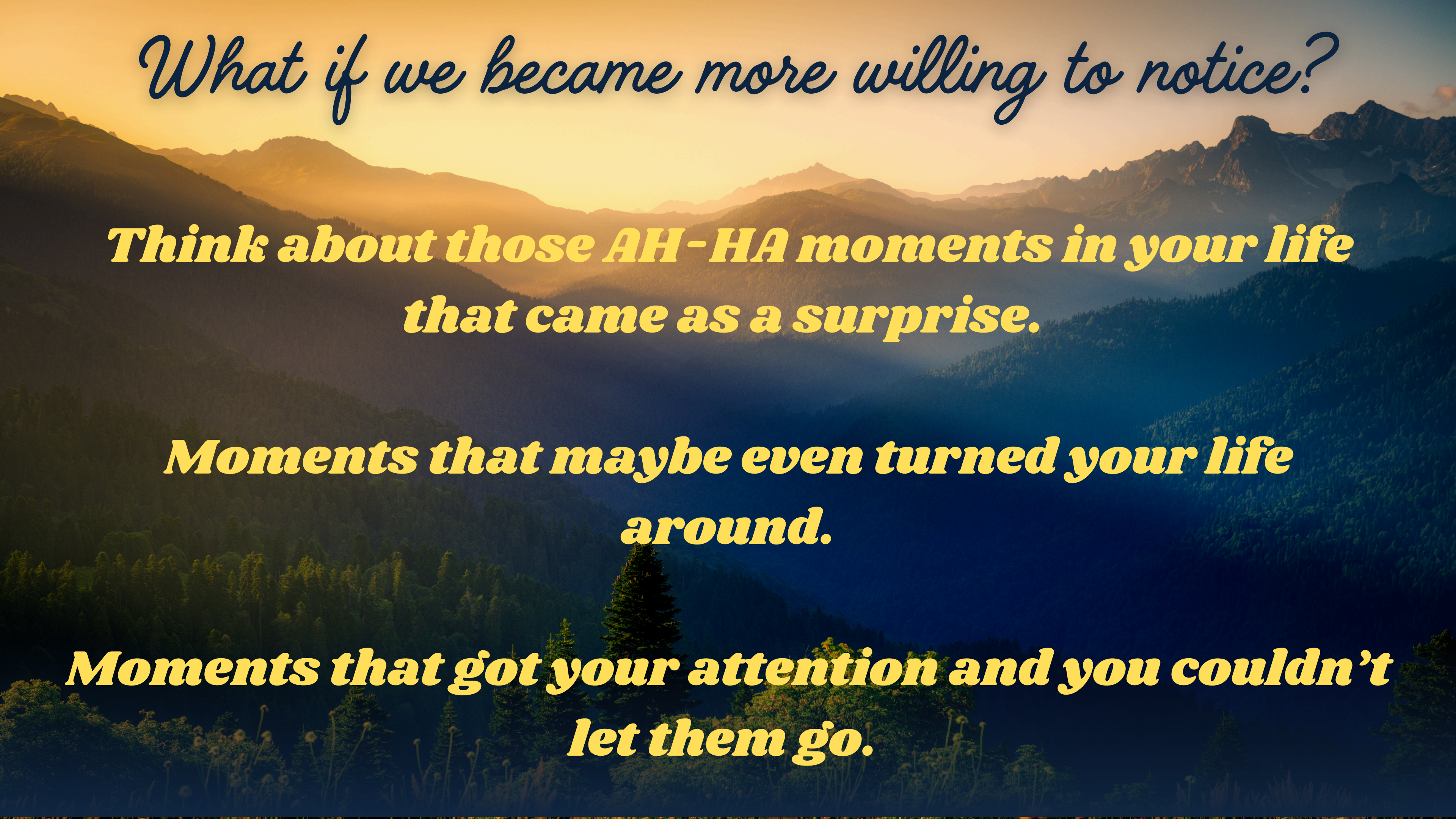
THE QUESTION IS...

“AM I QUIET ENOUGH TO HEAR?”



REST → RECEIVE → RECOGNIZE → AH-HA!

**AN AH-HA MOMENT IS THAT INSTANT
WHEN SOMETHING DEEPER THAN OUR
ORDINARY THINKING BREAKS THROUGH—
AND WE RECOGNIZE SOMETHING WE
DIDN'T KNOW WE KNEW.**



What if we became more willing to notice?

***Think about those AH-HA moments in your life
that came as a surprise.***

***Moments that maybe even turned your life
around.***

***Moments that got your attention and you couldn't
let them go.***